



- Vir starters ou grote... 'n yskoue Germaanse bruisdrankie, daar vat hy! Op vlak drie!
- Die gewese Cheetah coach, Franco Smith, is aangewys as die hoofafrigter van Italië. Die begaafde rugga ghoeroe sal hopelik met baie genade die Azzuris weer op die wenpad kry. Nog 'n Suid-Afrikaner, Marius Goosen, sal Smith se assistent wees.
- Die Australiese Rugby Unie het aangekondig dat hulle ongeveer 5.5 miljoen dollar sal spaar deur 47 van die 142 voltydse poste vir eers op ys te sit. COVID-19 slaan orals hard toe ou grote.
- Nog steeds in Aussie land, die Western Force het bevestig dat hulle wel deel van 'n plaaslike super kompetisie sal wees wat blykbaar in Julie die lig sal sien.
- Die Sunwolves sal egter nie soos aanvanklik beplan en gehoop is, aan die Aussies se reeks deelneem nie. So dan is dit dan nou ook die einde van 'n era vir die Japanese Wolwe.
- Daar word in die gange gefluister dat die SA Super-spanne dalk in 2023 in die PRO-14 Reeks gaan moet meeding. Die aanduidings dat SA nie meer welkom is in die Supereeks nie word onderskeidelik deur die Wallabie en Kiwi kapteins gedeel. Sam Cane en Michael Hooper voel dat die vermoeiende reis aspek van die Supereeks net te veeleisend is.
- Die ander groot nuus is dat Argentinië se spelers die groen lig gekry het om in ander lande te gaan speel sonder enige teenkanting van die unie.
- Nog 'n Blou Bul het pad gevat... Divan Rossouw het oor die jukskei gestap om nou in die Leeukamp te gaan wei.
- By die Bulle het Jake nog 'n paar aanstellings gemaak wat die manne by die braai vergaderings nog baie besig gaan hou ou grote. White het vir Joey Mongalo aangestel as die verdedigings coach.
- Nollis Marais gaan die afbreekpunte se lektor wees en Pine Pienaar die tegniese adviseur. Russell Winter het nou baie maats om bra Jake by te staan.
- Dan is daar goeie nuus wat deurgekom het. Spelers mag terugkeer oefenveld toe maar sonder enige kontak. So hopelik sal daar dalk in Augustus plaaslik weer bal gespeel word.
- Veilig wees maats, en veral om ietsie koud te vat, en haal asseblief net die masker af as jy sluk Kwagga, want as jy mors word buurman nors. Hoe later hoe kwater... Nag ou grote...

2 X PROPERTIES FOR SALE

3 BEDROOM HOUSE + VACANT STAND, KOSTER

R830 000

- 2 Adjoining properties
- 3 Bedroom house
- Borehole
- Water tank
- Approved building plans for 10 houses
- Large stands
- Separate storeroom
- Avocado tree

Hjalmar Pretorius
Mobile: 072 170 7157
Email: hjalmar.pretorius@gmail.com

CAN'T WAIT TO PICK UP THE BAT AGAIN! A DECADE OF CRICKETING JOY FOR KIDS

South Africa – The curtain has come down on what has been an eventful 2019/20 KFC Mini-Cricket season. More than 60,000 games were enjoyed by primary school learners from across the country and the 2019/20 season also marked 10 years since KFC in partnership with Cricket South Africa (CSA) has been running this programme. "The success of the Mini-Cricket initiative continues to make a massive contribution to the growth of our game, particularly for those who do not have the benefit of attending one of our leading cricketing schools," CSA chief executive officer Jacques Faul said. Some kids can't wait to pick up the bat again!



More than 60,000 games of KFC Mini-Cricket were played countrywide.

SMILE WITH YOUR EYES

When we smile, even if it's fake, our brain releases serotonin, which is a natural anti-depressant. Along with the release of endorphins, our brains are pumping us full of these natural 'drugs' and getting us high on happiness. Most often when you smile at someone, they smile back. The reason we smile when someone smiles at us, is that we want to feel the same way as that person. Unfortunately, since we now have to must wear masks, these smiles sometimes get lost in translation. Our faces, which usually convey so much warmth, emotion and tenderness remain hidden. Engaging with others without being able to smile is almost like sending a text message... It's weird! Now we must rely on our eyes to communicate with people. Your eyes communicate much more than you may realise and play a vital role your non-verbal communication. Consciously or not, the way you move your eyes, blink or make eye contact can say a lot about what you are thinking and feeling. Excessive blinking can mean that you are stressed. If you see someone narrow his eyes when you are speaking to him, this is usually a negative response showing you that he finds what you are saying to be offensive. Arched eyebrows accompanied by enlarged pupils let others know that you like what you see. They say smile and the whole world smiles with you but for now we have to believe that the eyes are the windows to the soul.



RATES: R250 (VAT INCL) FOR 4 WEEK PLACEMENT

To list contact 014 592 5653 | 014 592 9677 or
info@platinumweekly.co.za



Company Name	Description of goods/ services (15 words or less.)	Contact details	Business hours
Oom Manie se Biltong Den	Die heerlikste biltong in Rustenburg is steeds beskikbaar by Oom Manie's in Kloof Sentrum	014 592 5368	Ma - Vry: 8:00 to 17:00 Sat: 8:00 to 13:00
Psycho Skull Supplements	Health and supplements shop. Suppliers of health, fitness, bodybuilding products and more.	083 488 6097 082 578 3282	10:00 to 5:00.
Canopy Land Rustenburg	New and used canopies, Wildog replacement bumpers. Epic Gear canopies. Rubberising. Canopy spares, bakkie accessories.	014 596 7890	Monday to Friday 7:30 to 16:30.
CNN Korea Parts	Service parts, engine parts, suspension parts, body parts, new and used parts.	073 434 9315 066 299 7613	Monday to Friday 08:00 to 17:00.
Mr. Chip and Dent Away	We are open.	014 597 0339	Monday to Friday 08:00 to 17:00.
Stook Roostery	Take Away Meals and Coffee available for delivery. Menu on our website: www.stookkoffie.co.za	062 852 3831	Monday to Friday: 09:00 to 17:00. Saturday: 09:00 to 14:00.
Tandoori Flames	Your favourite Indian Restaurant is open for delivery. Place your order on WhatsApp 078 113 5487 or Mr. Delivery.	078 113 5487 014 537 2221	Monday to Saturday and Public holidays 09:30 to 19:00.
Mitsos Grill	Mediterranean Restaurant. We are a family owned restaurant with home cooked recipes that delivers in Rustenburg.	072 023 3808 014 537 2390	Monday to Sunday 11:00 to 19:00.
Cast Stone Industries	Paving, cladding, tiling, building and landscaping.	072 438 2567	Monday to Friday 7:30 to 16:30